LLBEAN.COM/FREEPORT

57 Main Street, Freeport, ME - Open 24/7, 365 days a year

Free events, demos and group rides! Fat bikes and mountain bikes, including Scott, Marin and Kocky Mountain Full-service bike shop • Knowledgeable gear experts

L.L.BEAN BIKE, BOAT & SKI STORE

Gear up at the

HOW TO BE A COURTEOUS MOUNTAIN BIKER

- · Always slow down and yield to pedestrians, equestrians, and skiersespecially seniors and kids.
- · Let others know you're coming up behind them. A bell-ring or a hello is good.
- Leave no trace—no trash, no defacing, no skid marks. Take only pictures
- Always read the kiosks. Follow direction there and on trail signs.
- Don't ride unauthorized trails. And don't ride trails when they're closed. You'll jeopardize our ability to ride the rest.
- Choose not to ride trails that are particularly soft and muddy, even if they're not closed. When it rains, let it drain
- Ride the middle line. When you come across a puddle, slowly ride through—not around. If we ride at the edges of trails, they widen and become harder to repair or improve. And don't cut corners.
- Pitch in. Trail building and maintenance don't happen magically. If you ride it, work on it. For info on volunteering, visit wendingmaps.com.
- Whether riders, pedestrians, skiers, or equestrians—when groups cross in opposite directions, let the other group know how many riders are behind you, especially if your whole group isn't visible.
- Where riding with your dog is permitted, be sure to keep in control at all times. Even a friendly dog hello is not welcomed by everyone.
- When riding with others, regroup away from homes and refrain from being noisy in populated areas.
- When riding with others at night, regroup well away from road crossings to avoid confusing cars.
- When you discover a problem on the trail (bees nest, broken bridge, etc.), take a minute to notify the organization that cares for the trails. You can find a list on wendingmaps.com.

THE SKINNY

Trails on these maps are open to the public, though most are not public property. Let's exercise proper use, trail courtesy, and respect for land owners' wishes. Always read trailhead kiosks and follow trail signage.

KEEP IT ROLLING

Help ensure these trails continue to be available for us to ride: Join, donate to, and volunteer with the organizations listed on the cover. Help them keep these trails safe and fun.

Also be sure to join and volunteer with your local chapter of the New England Mountain Bike Association, whose

mission is to steward the trail systems where we recreate, preserve open space, and promote the best that mountain biking has to offer. Join at nemba.org.



Visit **wendingmaps.com** to find out where to get the maps or send a comment or question.

WENDING maps+wayfinding

By using this map you acknowledge your understanding of and agreement to the following terms. You understand this map is as an approximate guide and does not guarantee the routes or condition of the trails on any given day. You agree to follow the signs and directions provided at trailheads and on the trails, and to refer to land owners, stewards, and trusts for notice of restrictions, trail closures, conditions and updated information. You understand that trail recreation is an inherently hazardous activity involving numerous risks, and that you solely assume ALL RISKS related to your activity. You understand that natural and manmade trail obstacles and conditions exist, and that you must remain alert and in control at all times. You assume full responsibility for any and all injuries or property damage that you may suffer or cause to others and agree that you shall assert no claims against, and hereby release Wendy Clark Design, LLC DBA Wending Maps & Wayfinding and all of its members, manag-ers, agents, contractors, sponsors, and advertisers ("us") from any claim you may have against tos, and you agree to indemnify, hold harmless, and defend us for, from, and against any claim for damages or losses of any kind (including without limitation trespass, personal injury, and death) that a third party may have or make against us arising out of your use of this map Copyright © 2018 Wending Maps & Wayfinding. All rights reserved. Reproc

Not just for roadies. bikemaine.org



BICYCLE Coalition OF MAINI





Gritty McDuff's

Buck's Naked BBQ ~

Maine Beer Company

FAVORITE POST-RIDE SPOTS

Gritty McDuff's Freeport Brewpub 207-865-4321 grittys.com

Rines, Knight's Pond YARMOUTH · CUMBERLAND MOUNTAIN BIKING Trail Map

West Side Trail,

#**9** of 12

Royal River Conservation Trust





Conservation Trust, the Chebeague & Cumberland Land Trust, the Cumberland Parks & Recreation Commission, and Yarmouth Community Services.

Before you go: Check rrct.org, ccltmaine.org,

cumberlandmaine.com, and facebook.com/yarmouthtrails for up-to-date information. Trails may change, conditions may require closures, hazards may be posted. It's always best to check. Also see wendingmaps.com/map-9

CLOSE BY

- ATM + Gas + Convenience Mobil 207-846-1268 exxon.com
- Grocery Rosemont Market & Bakery 207-846-1234 rosemontmarket.com Hannaford Supermarket 2017-846-5941 hannaford.com
- Coffee Maine Roasters Coffee 207-846-6866 maineroasters.com
- Sandwiches Clayton's Cafe 207-846-1117 claytonscafe.com
- Ice Cream Toots Ice Cream 207-232-3852 tootsicecream.com
- Emergency Medical Mercy Express Care 207-846-3060 mercyhospital.org

SPONSOR BIKE SHOPS

Without generous support from sponsors, these maps would not be possible.

- CycleMania (Portland) 207-774-2933 cyclemania1.com Gorham Bike & Ski gorhambike.com
- Portland 207-773-1700 Saco 207-283-2453 Brunswick 207-725-1100 Kennebunk 207-604-1136
- L.L.Bean Bike, Boat & Ski Store (Freeport) 877-755-2326 then press 4 • Ilbean.com







Sales · Rentals · Service

SERVING GREATER PORTLAND SINCE 1981

65 Cove Street, Portland, Maine cyclemania1.com • 207.774.2933

Evergreen Subaru

Proud to "go the extra mile" for our customers and community







207-786-8500 evergreensubaru.com